

Proposal for the course of the 1st meeting

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What has proven successful:

1. round of introductions

- name (first name)
- Why am I here today?
- What do I expect and how do I imagine the support in the group?

→ In this first round do not speak too long (3 - 4 sentences), so that everyone can introduce themselves first. After this there is time for more.

Do not comment on this.

→ Appoint a time keeper for point 2, who will watch the end of the common conversation and the punctual end of the meeting.

2. conversation with each other

*Important: Everything that is said here remains in the room and is not passed on to outsiders!
Also not to close ones.*

Topics: Whatever comes up or a topic that was already addressed in Round 1.

→ In the process, everyone makes sure that

- only one person is speaking,
- you let each other finish,
- that as far as possible all those who want to say something (can) have their say.

→ End of the conversation exchange no later than **15 minutes before the end of the meeting.**

3. exchange / agreement on a 2nd meeting

Discuss together:

- Who is interested in a 2nd meeting?
- When should that be?
- Set date; next meeting is at

Important Notice:

If you meet at KISS and need a different date or meeting rhythm, please contact us.

4. end of the group meeting